

Whole school approach to PSHE, RSHE and mental wellbeing two year cycle, taught through worship, PSHE, RSHE, RE and science lessons.

Cycle 1 2025-26

	EYFS	Y1/2	Y3/4	Y5/6
Autumn 1	<p>Learning in the EYFS in RSE will take place through Prime and Specific areas of learning in the new EYFS framework.</p> <p>This will include but not be limited to the Prime areas of PSED (Personal, social and emotional development) and Physical development, together with the specific area of Understanding the World.</p>	Difference and diversity	Difference and diversity	Difference and diversity
Autumn 2		<p>Caring friendships/bullying matters</p> <p>Anti-bullying Week</p>	<p>Caring friendships/bullying matters</p> <p>Anti-bullying Week</p>	<p>Caring friendships/bullying matters</p> <p>Anti-bullying Week</p>
Spring 1		<p>Online relationships</p> <p>Internet safety</p>	<p>Online relationships</p> <p>Internet safety</p>	<p>Online relationships</p> <p>Internet safety</p>
Spring 2		<p>Respectful relationships</p>	<p>Respectful relationships</p>	<p>Respectful relationships</p>
Summer 1		<p>Exploring emotions</p> <p>Mental Health Awareness week</p>	<p>Exploring emotions</p> <p>Mental Health Awareness week</p>	<p>Exploring emotions</p> <p>Mental Health Awareness week</p>
Summer 2		<p>Being healthy</p> <p>Physical health and fitness</p>	<p>Being healthy</p> <p>Physical health and fitness</p>	<p>Being healthy</p> <p>Physical health and fitness</p>

Sports Day

Sports Day

Sports Day

Whole school approach to PSHE, RSHE and mental wellbeing two year cycle, taught through worship, PSHE, RSHE, RE and science lessons. Cycle 2 2026-27

	EYFS	Y1/2	Y3/4	Y5/6
Autumn 1	Learning in the EYFS in RSE will take place through Prime and Specific areas of learning in the new EYFS framework. This will include but not be limited to the Prime areas of PSED (Personal, social and emotional development) and Physical development, together with the specific area of Understanding the World.	Drug education and first aid	Drug education and first aid	Drug education and first aid
Autumn 2		Being me-people who care for me Anti-bullying week	Being me-people who care for me Anti-bullying week	Being me-people who care for me Anti-bullying week
Spring 1		Being safe Online safety week (safe on-line relationships)	Being safe Online safety week (safe on-line relationships)	Being safe Online safety week (safe on-line relationships)
Spring 2		Money matters Enterprise day	Money matters Enterprise day	Money matters Enterprise day
Summer 1		Healthy eating Whole school picnic	Healthy eating Whole school picnic	Healthy eating Whole school picnic
Summer 2		Growing up and changes Sun care (health and prevention)	Growing up and changes Sun care (health and prevention)	Growing up and changes Sun care (health and prevention)

Please note there will be changes due to the new PSHE/ RSE curriculum 2026