

Safe Relationships

feeling's, help,
private,
uncomfortable, safe,
unsafe, permission

Families and friendships

Friends, teachers, parents,
sibling, grandparents,
relatives, families

Respecting ourselves and others

Behaviour, school, kind,
feeling's, respect, polite,
rules, sharing

What **VOCABULARY** will I need to know
and use in my **PSHE** learning in Year 1

Belonging to a community

Rules, care, environment,
recycling, differences



Media literacy and digital resilience

Internet, digital, devices,
safety, online

Money and work

Strengths, interests,
community, jobs, work

Growing and changing

Unique, special, same,
different, feelings,
recognise

Keeping safe

Safe, restrictions, online,
trust, feelings

**Physical health and
Mental wellbeing**

Healthy, hygiene, care,
unhealthy, balance, safe