

Safe Relationships

Responding to hurtful behaviour; managing confidentiality; recognising risks online

Families and friendships

Positive friendships, including online

Respecting ourselves and others

Respecting differences and similarities; discussing difference sensitively

What will be my PSHE learning by the time we leave Year 4

Belonging to a community

What makes a community; shared responsibilities



Media literacy and digital resilience

How data is shared and used

Money and work

Making decisions about money; using and keeping money safe

Growing and changing

Physical and emotional changes in puberty; naming body parts, personal hygiene routines; support with puberty

Keeping safe

Medicines and household products; drugs common to everyday life

Physical health and Mental wellbeing

Maintaining a balanced lifestyle; oral hygiene and dental care