

**Safe Relationships**

Personal boundaries; safely responding to others; the impact of hurtful behaviour

**Families and friendships**

What makes a family; features of family life

**Respecting ourselves and others**

Recognising respectful behaviour; the importance of self-respect; courtesy and being polite

*What will be my PSHE learning by the time we leave Year 3*

**Belonging to a community**

The value of rules and laws; rights, freedoms and responsibilities



**Media literacy and digital resilience**

How the internet is used; assessing information online

**Money and work**

Different jobs and skills; job stereotypes; setting personal goals

**Growing and changing**

Personal strengths and achievements; managing and reframing setbacks

**Keeping safe**

Risks and hazards; safety in the local environment and unfamiliar places

**Physical health and Mental wellbeing**

Health choices and habits; what affects feelings; expressing feelings