

St George's C of E Primary School

Physical Education Policy

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St George's C of E Primary School Physical Education Policy

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect. **National Curriculum 2014**

Intent

At St George' we want our children to explore, join and enjoy competitive sport and physically-demanding activities. We want our pupils to be supported in their health and fitness by becoming physically confident. We intend to provide pupils with the opportunity to compete in sport in both intra and inter school competitions to build character an embed values such as fairness and respect.

At St. George's a typical physical education lesson will provide the opportunity for all children as:

- Lesson objectives are taken from the EYFS Statutory Educational Programme and National Curriculum statutory guidelines and activities are differentiated.
- Our children have access to high quality lessons that are both challenging and enjoyable.
- We provide our children with a variety of sports and physically demanding activities.
- We fully develop and build pupils' characters to embed fairness and respect and our school values.

Implementation

Teachers at St George's have the flexibility to teach physical education in a range of styles. We use sports coaches and experts across the school to deliver high quality physical education and physically demanding activities. Where physical education is taught by school staff we use high quality resources and undertake regular CPD to upskill our staff members.

Swimming plays an important role at St George's with many children only accessing swimming sessions through the school programme. We take each year group in school swimming for part of the academic year from Year 1 onwards.

St George's are proudly affiliated with the High Peak School Sports Partnership (HPSSP). We take children from all year groups to a range of competitive sports and festivals with other schools from the local area. Pupils take part in competitive games alongside understanding the Spirit of the Games which need to be demonstrated at every event. These are

- Honesty
- Passion
- Respect
- Self belief
- Teamwork
- Determination

Impact

At St George's we expect that by the end of Y6 our children will meet all of the NC statements of learning.

Using the Progression of Knowledge and Skills document we carefully monitor progression within in each year group and look at the stage that children have arrived from and where they will be moving to with their physical education.

In order for this to happen, the physical education leader takes responsibility for the monitoring of the curriculum and the standards achieved by the children.

This monitoring takes the form of:

- Lesson observations and feedback.
- Learning walks and pupil voice conversations.
- Updating the PE values and team events board in school.
- Analysis of year 6 swimming assessments.
- Strong communication, information sharing, feedback and evaluation with our visiting sports coaches.

Aims

The Statutory framework for the Early Years Foundation Stage aims to ensure that all pupils:

- Negotiate space and obstacles safely, with consideration for themselves and others;
- Demonstrate strength, balance and coordination when playing;
- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

The National Curriculum for Physical Education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities;
- are physically active for sustained periods of time;
- engage in competitive sports and activities ;
- lead healthy, active lives.

Strategies

At St George's, PE will be taught through;

- Regular use of professional/qualified coaches within school
- Attendance of swimming lessons from KS1
- Exposition (demonstration, explanation and instruction) by the teacher or sport coach to the class, groups or individuals
- Practical activity and related discussion
- Co-operative group work

- Consolidation and practice of fundamental skills
- Opportunity to discuss and reflect on their work
- Links made to Mental Health and Healthy Schools
- Extended high-quality provision through after school activities making use of professional / qualified coaches
- Regular attendance at cluster events both competitive and festivals (see list of HSSPS yearly events)
- Use of community facilities – leisure centre, sports hall, sports pavilion, secondary school sports hall, swimming pool
- Display board in school to show upcoming events, attendance at events and achievements

Curriculum

The areas of physical activity are set out in the Statutory framework for the Early Years Foundation Stage 2021 and National Curriculum 2014. The PE curriculum at St George's is based on these requirements and is detailed on the yearly plans.

The progression of knowledge and skills throughout school has also been outlined from EYFS to Year 6 for teachers and coaches to see the expected development throughout each year.

Funding

Schools receive PE and sport premium funding based on the number of pupils in years 1 to 6. This funding must be used to make additional and sustainable improvements to the quality of PE and sport we offer.

We use the premium to:

- Develop or add to the PE and sport activities (including competitive sporting opportunities and wider opportunities within the PEGS cluster) that we already offer;
- Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years.

There are 5 key indicators that we should expect to see improvement across:

1. the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school;
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement;
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport;
4. Broader experience of a range of sports and activities offered to all pupils;

5. Increased participation in competitive sport.

Inclusion

In accordance with the school's Inclusion Policy, PE activities are differentiated to meet the needs of each pupil.

More able and talented pupils and children with Special Educational Needs and Disability will be identified through a range of activities. Their needs will be met through the development of individual or group programmes that encompass a range of learning styles and are designed to enrich the curriculum.

Equality

Teachers will ensure that all pupils have fair access to the PE curriculum, regardless of gender, race, or ability, in accordance with the school's Equality Policy.

Resources

All teachers have access to centrally stored PE resources. Games and athletics resources are kept in the outdoor PE store (the key is kept centrally in the school office) and it is the responsibility of the teacher to have all of the required equipment ready prior to the lesson. Safety mats are kept next to the school hall and gymnastics equipment is kept within the hall. Children are not allowed into the PE store unaccompanied by an adult. All PE resources are checked regularly to ensure that they meet health and safety requirements, and in addition to this, all resources are audited annually.

Health and Safety

- Staff should carry out risk assessments with the children at the start of all PE lessons. Equipment, apparatus and environment should be checked before the start of every lesson by the teacher and is the responsibility of the teacher
- Children should be given health and safety guidance through the lesson.
- All jewelry should be removed and stored safely before each lesson.
- If children wear stud earrings they should be taken out by the child. If this is not possible, the child should be given tape to cover their earrings. Children must remove the tape independently.
- All watches including SMART watches must be removed and stored safely before each lesson.
- All long hair should be tied back.
- Every child must have a school PE kit. They should bring it into school at the beginning of a half term and take it home at the end of a half term for cleaning.
- Suitable clothing should be worn for each lesson (see school prospectus or the school website for correct clothing).
Parents will be informed of no PE kit.
- For indoor PE children should walk to the hall with suitable footwear on (pumps/trainers or school shoes)

- For outdoor PE, teachers and PE providers should check the suitability of the outdoor surface including checking for ice and snow must be cleared prior to the lesson.
- In the case of sunny weather teachers and PE providers should make sure children are wearing sun cream. Sun cream should be applied at home before school. Suitable shady areas may need to be utilised and plenty of water breaks offered.
- All children taking part in indoor PE should be bare foot or wear suitable footwear for indoor PE
- Any accidents or injuries should be treated and recorded as appropriate in the correct logging system.

When travelling to sporting activities, the appropriate risk assessments are completed and the following issues addressed:

- All children wear seat belts
- All supervising adults to be aware of risk implications
- Supervising adult to check that inhalers are being carried by identified children
- All supervising adults that attend swimming to hold a current DBS,
- All transporting adults to be fully insured
- Parent permission for taking children out of school for sporting events obtained
- Parent permission for children to be transported by other parents obtained
- Safe-practice standards are consistently applied by staff, students and other visitors, across all aspects of the school.

After school sports provision

St George's provides opportunities for children in wide variety of areas. These after school clubs change half termly according to the interests of the children.

After school clubs are available for children to attend from Reception to Year 6 and if payment is required there is a subsidiary available where finance may be an issue.

All sports clubs are open to both girls and boys and are delivered by qualified coaches or teachers who deliver high quality lessons. The after school sports provision is reviewed annually and registers are kept to ensure opportunities are provided for all children.

Cross Curricular Links

Links will be made by teachers and coaches wherever possible to other areas of the curriculum.

Science

- Health and Fitness.
- Drugs and Abuse.

Maths

- Speed.
- Distance.

- Time.
- Measuring.
- Recording.
- Handling Data.

English

- Speaking and Listening.
- Subject-specific vocabulary.

Geography

- Map-reading.

Music

- Rhythm.
- Tempo.

ICT

- Use of stop watches.
- Use of digital camera and digital video.
- Use of spreadsheets for recording and interpreting data.
- Use of the internet.